"56U" or "Behavior Intervention and Treatment" is just one of many services available to adults enrolled in the "Home and Community Based Services" programs through the State of Illinois Division of Developmental Disabilities.

These programs are often referred to as "waiver" services as they are funded in part by the Federal Government, which has "waived" the rules to Medicaid Insurance to fund 50% of the cost of services in approved programs.

If you or your loved one is currently receiving services from a CILA (Community Integrated Living Arrangement), In-Home CILA, Family CILA, Intermittent CILA, Adult Home-Based Support Services Program, Adult Developmental Training (DT), or Supported Employment, you or they most likely already qualify for 56U services.

However, the need for services must be documented and included in the individual's Personal Plan. Your next step should be to contact your Independent Supports and Services Advocate (ISSA) at your Independent Case Coordination Agency. Every person receiving services from one of the programs above has an ISSA.

If you or your loved one needs behavior supports and is *not* currently receiving services in one of the programs above, the first step is also to contact your <u>Independent Case Coordination Agency.</u>

These links are good starting points for understanding what these services are and how to qualify for them:

- https://www.illinois.gov/hfs/MedicalClients/HCBS/Pages/DD.aspx
- https://www.dhs.state.il.us/page.aspx?item=32253

An excellent resource for help and advocacy is <u>The Arc of Illinois</u> either through their <u>Illinois Life Span Project</u> or the <u>Ligas Family Advocate Program</u>.

RESOURCES IN THIS ARTICLE

Independent Case Coordination Agency Office Locator https://www.dhs.state.il.us/page.aspx?module=12&officetype=3

The ARC of Illinois www.thearcofil.org

Ligas Family Advocate Program https://www.thearcofil.org/about-us/programs/ligas-family-advocate-program/

Illinois Life Span Project www.illinoislifespan.org